

Enter your user name and password or

Click on Register Now to create a user name and password if you don't have one

Click on County of San Bernardino



Personalized Member Home Page

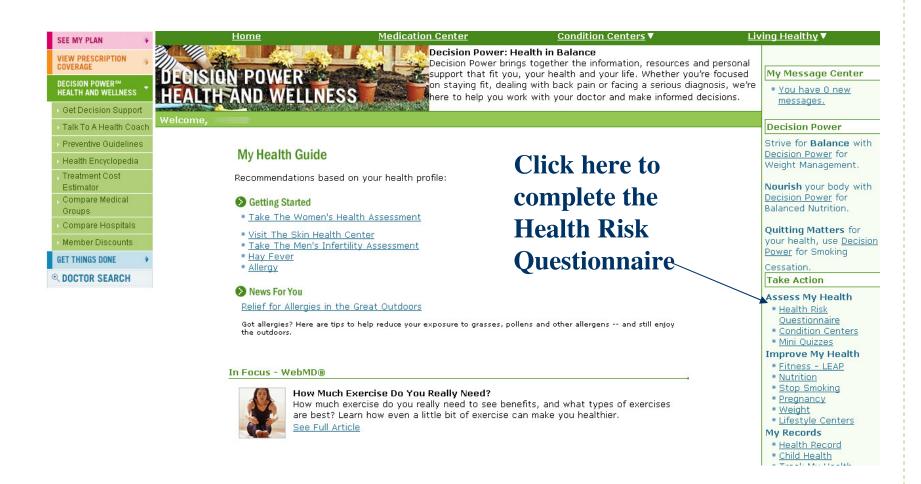


Wellness portal



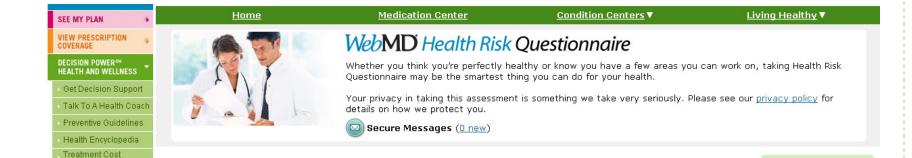


Decision Power Health and Wellness





Health Risk Questionnaire. Follow prompts



© Someone Else... submit ▶

What is Health Risk Questionnaire?

Who are you taking this questionnaire for?

Health Risk Questionnaire is a health risk assessment tool that helps you uncover potential health risks and recommends positive steps to control your specific health risks.

About this tool

Estimator Compare Medical Groups

Compare Hospitals

Member Discounts

GET THINGS DONE

@ DOCTOR SEARCH

Why Take Health Risk Questionnaire?

Many health risks don't make you feel bad until you are well on your way to a serious problem. That is why measuring your potential risks is important. If you find out you are at risk and receive the proper guidance on how to minimize those risks, you can actually take steps to avoid developing health conditions such as heart disease, diabetes, and stroke.

Taking Health Risk Questionnaire requires only about 15 minutes, and it can make a huge difference in your life. Once you've answered all of the questions, you will receive an easy-to-understand report. It will outline your specific risk levels for a variety of health conditions and common risk factors, like weight and blood pressure, along with providing an



Health Risk Questionnaire this will be your score at the end

